

Accepted Manuscript



SMFM Clinical guidelines No. 9: Amniotic Fluid Embolism: Diagnosis and Management

Society for Maternal-Fetal Medicine (SMFM) with the assistance of, Luis D. Pacheco, MD, George Saade, MD, Gary DV. Hankins, MD, Steven L. Clark, MD

PII: S0002-9378(16)00474-9

DOI: [10.1016/j.ajog.2016.03.012](https://doi.org/10.1016/j.ajog.2016.03.012)

Reference: YMOB 10991

To appear in: *American Journal of Obstetrics and Gynecology*

Received Date: 27 October 2015

Revised Date: 22 February 2016

Accepted Date: 7 March 2016

Please cite this article as: Society for Maternal-Fetal Medicine (SMFM), Pacheco LD, Saade G, Hankins GD, Clark SL, SMFM Clinical guidelines No. 9: Amniotic Fluid Embolism: Diagnosis and Management, *American Journal of Obstetrics and Gynecology* (2016), doi: 10.1016/j.ajog.2016.03.012.

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Amniotic Fluid Embolism: Diagnosis and Management

Society for Maternal-Fetal Medicine (SMFM) with the assistance of Luis D. Pacheco MD,
George Saade MD, Gary DV. Hankins MD and Steven L. Clark, MD

Address all correspondence to:

The Society for Maternal-Fetal Medicine: Publications Committee
409 12th St, SW
Washington, DC 20024
Phone: 202-863-2476
Fax: 202-554-1132
e-mail: pubs@smfm.org
Reprints will not be available

24 **Abstract**

25

26 **OBJECTIVE:** We sought to provide evidence-based guidelines regarding the diagnosis and
27 management of amniotic fluid embolism (AFE).

28 **METHODS:** A systematic literature review was performed using MEDLINE, PubMed,
29 EMBASE, and the Cochrane Library. The search was restricted to English-language articles
30 published from 1966 through March 2015. Priority was given to articles reporting original
31 research, in particular randomized controlled trials, although review articles and commentaries
32 were consulted. Abstracts of research presented at symposia and scientific conferences were not
33 considered adequate for inclusion. Evidence reports and published guidelines were also
34 reviewed, and additional studies were located by reviewing bibliographies of identified articles.
35 Grade (Grading of Recommendations Assessment, Development, and Evaluation) methodology
36 was employed for defining strength of recommendations and rating quality of evidence.
37 Consistent with US Preventive Task Force guidelines, references were evaluated for quality
38 based on the highest level of evidence.

39 **RESULTS AND RECOMMENDATIONS:**

40 We recommend the following: (1) we recommend consideration of AFE in the differential
41 diagnosis of sudden cardiorespiratory collapse in the laboring or recently delivered woman.
42 (GRADE 1C); (2) we do not recommend the use of any specific diagnostic laboratory test to
43 either confirm or refute the diagnosis of AFE; at the present time, AFE remains a clinical
44 diagnosis. (GRADE 1C); (3) we recommend the provision of immediate high quality
45 cardiopulmonary resuscitation with standard BCLS and ACLS protocols in patients who develop
46 cardiac arrest associated with AFE. (GRADE 1C); (4) we recommend that the involvement of a

47 multidisciplinary team including anesthesia, respiratory therapy, critical care, and maternal-fetal
48 medicine should be involved in ongoing care of such women. (Best Practice); (5) following
49 cardiac arrest with AFE, we recommend immediate delivery in the presence of a fetus ≥ 23
50 weeks of gestation. (GRADE 2C); (6) we recommend the provision of adequate oxygenation and
51 ventilation and, when indicated by hemodynamic status, the use of vasopressors and inotropic
52 agents in the initial management of AFE. Excessive fluid administration should be avoided.
53 (GRADE 1C); and (7) since coagulopathy may follow cardiovascular collapse with AFE, we
54 recommend early assessment of clotting status and early aggressive management of clinical
55 bleeding with standard massive transfusion protocols. (GRADE 1C)

56

57 **KEYWORDS:** Amniotic fluid embolism, pregnancy, cardiorespiratory arrest

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59

60

61 **Introduction**

62 Amniotic fluid embolism (AFE) is a rare but potentially lethal condition. Due to a lack of
63 international consensus regarding diagnostic criteria, estimates of both incidence and mortality
64 rates associated with AFE vary widely.¹⁻⁴ These issues have recently been reviewed in detail and
65 are not the focus of this manuscript.^{2,5} Rather we emphasize that despite its low incidence in the
66 general population of pregnant women, both maternal and perinatal morbidity and mortality are
67 significant with AFE, even in cases ideally managed. Due to the rarity of this condition, most
68 physicians and institutions have limited experience with the management of AFE. The purpose
69 of this document is to provide clinicians with information that may improve the ability to make a
70 timely diagnosis and establish appropriate supportive treatment to patients suffering from AFE in
71 order to improve maternal and perinatal outcomes.

73 **What is AFE and what are its clinical features?**

74
75
76 A detailed review of the pathophysiology of AFE is beyond the scope of this document, but may
77 be found elsewhere and is summarized in figures 1 and 2.^{1,2,5} It appears to involve a complex
78 sequence of events triggered in certain women by entrance into the maternal circulation of
79 material from the fetal compartment, resulting in abnormal activation of proinflammatory
80 mediator systems similar to the systemic inflammatory response syndrome.

81
82 The typical presentation of AFE includes a triad of sudden hypoxia and hypotension,
83 followed in many cases by coagulopathy, all occurring in relation to labor and delivery. The
84 diagnosis of AFE is clinical, based upon the presence of these elements and the exclusion of
85 other likely causes. AFE should be considered in the differential diagnosis in any pregnant or

86 immediately postpartum woman who suffers sudden cardiovascular collapse or cardiac arrest,
87 seizures, severe respiratory difficulty or hypoxia, particularly if such events are followed by a
88 coagulopathy that cannot be otherwise explained. The analysis of the national registry reveals
89 that 70% of cases of AFE occur during labor, 11% after a vaginal delivery, and 19% during a
90 cesarean delivery.¹ These figures suggest that mode of delivery may alter the timing of AFE but
91 not its occurrence. Rarely, AFE may occur during the first or second trimesters of pregnancy at
92 the time of pregnancy termination or amniocentesis.⁶

93
94 The clinical presentation of AFE is, in its classic form, dramatic. A period of anxiety,
95 change in mental status, agitation, and a sensation of “doom” may precede the event.⁷ Patients
96 may progress rapidly to cardiac arrest, with pulseless electrical activity (PEA), asystole,
97 ventricular fibrillation, or pulseless ventricular tachycardia. In cases occurring prior to delivery,
98 electronic fetal monitoring will demonstrate decelerations, loss of variability, and terminal
99 bradycardia as oxygenated blood is shunted away from the uterus, and catecholamine-induced
100 uterine hypertonus causes a further decline in uterine perfusion.¹⁻²

101
102 DIC is present in up to 83% of cases.¹ The coagulopathy of AFE may occur in
103 conjunction with the cardiopulmonary manifestations, be manifest only after initial
104 cardiopulmonary resuscitation has been completed, or in very rare cases may be the only finding
105 in women without cardiorespiratory compromise.⁸⁻¹⁰ DIC is commonly manifested by
106 hemorrhagic complications including bleeding from venipunctures or surgical sites, hematuria,
107 gastrointestinal hemorrhage, and vaginal bleeding. As with any condition involving diminished
108 uterine perfusion, co-existence with uterine atony is not uncommon. However, bleeding from

109 incompletely controlled atony followed by hypovolemic shock and either a consumptive or
110 dilutional coagulopathy cannot be attributed to AFE, nor does AFE occur as a mild coagulopathy
111 followed hours later by sudden cardiovascular collapse in the absence of interval hemorrhage
112 and hypovolemia.

113
114 Reported risk factors for AFE include situations in which the exchange of fluids between
115 the maternal and fetal compartments is more likely, such as operative delivery (cesarean or
116 vaginal), placenta previa, placenta accreta and abruption. An association between induction of
117 labor and AFE is inconsistently reported. Abnormalities of uterine tone (hypo- or hypertonus)
118 described commonly in cases of AFE may be the consequence of uterine hypoperfusion
119 secondary to profound maternal shock and hypoxia with massive catecholamine release, rather
120 than the cause.¹ Other putative risk factors include cervical lacerations, uterine rupture,
121 eclampsia, polyhydramnios, and multiple gestations; as outlined above, a tendency to
122 overdiagnose AFE in cases actually involving other causes of primary hemorrhage may
123 contribute to these reports. Sociodemographic risk factors such as maternal age and
124 race/ethnicity, are also reported in some series.¹¹⁻¹⁶ However, given the rare and unpredictable
125 nature of AFE, there are no risk factors sufficiently established to justify any alteration in
126 standard obstetric care.

127
128 **How should you manage a patient with sudden cardiac arrest in whom AFE is suspected?**

129
130 **AFE should be considered in the differential diagnosis of sudden cardiorespiratory**
131 **compromise in any pregnant or recently post-partum patient. (GRADE 1C) Initial**

132 resuscitation of cardiac arrest does not require a specific diagnosis of AFE, as initial maternal
133 treatment (with BCLS and ACLS protocols) is similar regardless of the exact etiology. **We do**
134 **not recommend the use of any specific diagnostic laboratory test to either confirm or refute**
135 **the diagnosis of AFE; at the present time, AFE remains a clinical diagnosis. (GRADE 1C)**
136 **We recommend the provision of immediate high quality cardiopulmonary resuscitation**
137 **with standard BCLS and ACLS protocols in patients who develop cardiac arrest associated**
138 **with AFE. (GRADE 1C) We recommend that the involvement of a multidisciplinary team**
139 **including anesthesia, respiratory therapy, critical care, and maternal-fetal medicine should**
140 **be involved in ongoing care of such women. (Best Practice)** The most critical immediate
141 action is to start chest compressions before rescue breathing is administered.¹⁷

142
143 Chest compressions should be performed similarly to non-pregnant individuals. The
144 hands of the provider should be placed in the lower half of the sternum.¹⁷ Chest compressions
145 should be performed “hard and fast”, achieving a depth of at least 2 inches and allowing
146 complete chest recoil between compressions. Patients who are undelivered should be tilted to the
147 left lateral decubitus position, or preferably have the uterus displaced laterally by an assistant to
148 prevent aorto-caval compression by the gravid uterus.¹⁷ The use of vasopressors, anti-arrhythmic
149 agents, and defibrillating doses is not different than those utilized in non- pregnant individuals.
150 Although concerns that electric arcing may occur if fetal monitors are in place at the time of
151 cardioversion or defibrillation are largely theoretical, it is reasonable to remove such monitors
152 while CPR is in progress. However, the presence of such monitors should not delay defibrillation
153 when indicated.¹⁷ The components of high quality cardiopulmonary resuscitation are
154 summarized in Table 1.

155 If the patient is undelivered at the time of cardiac arrest, expeditious delivery is indicated
156 if the fetus has reached an age of potential viability (≥ 23 weeks.) Not only may this be life
157 saving for the fetus, but in theory may assist in maternal resuscitation by removing venacaval
158 compression. An operative vaginal delivery (forceps or vacuum assisted) should be performed in
159 laboring patients in whom obstetrical conditions support such an intervention. If a vaginal
160 delivery is not an option, emergency cesarean delivery is generally indicated. Classically, the
161 indication for a perimortem cesarean delivery has been failure to obtain spontaneous circulation
162 after 4 minutes of CPR to reduce the profound fetal hypoxia occurring during maternal cardiac
163 arrest.¹⁷ This timeframe is ideal, but is rarely achievable when cardiac arrest is unexpected. We
164 recommend that preparations for emergent perimortem cesarean be initiated simultaneously with
165 initiation of CPR – if the cardiac arrest is still ongoing as the instruments become available,
166 proceed with cesarean delivery. The dismal prognosis of adult cardiac arrest not amenable to, or
167 unresponsive to immediate DC countershock suggests that maternal prognosis will not be
168 significantly compromised by such an operation. Some authors recommend moving this
169 threshold to 20 weeks in order to improve maternal perfusion – no evidence exists however that
170 such pre-viable cesarean improves the outcome in cases of AFE related maternal cardiac arrest.¹⁷

171 **Following cardiac arrest with AFE, we recommend immediate delivery in the presence of a**
172 **fetus ≥ 23 weeks of gestation. (GRADE 2C)** In cases of maternal hemodynamic instability
173 which does not involve one of the lethal dysrhythmias, cases must be individualized based on
174 fetal age and degree of compromise, maternal condition and the availability of anesthetic
175 support. No data exists to guide delivery decisions under these circumstances.

176

177 The literature contains innumerable case reports in which various novel therapeutic
178 modalities have been used in women with presumptive AFE, and the patient did not die.⁷
179 Unfortunately, evidence of a causal, as opposed to an anecdotal connection between most of
180 these and survival from AFE is lacking. We focus here only upon the better supported ancillary
181 treatment options.

182
183 The use of veno-arterial extracorporeal membrane oxygenation (ECMO) has been
184 described in cases of AFE refractory to conventional resuscitation maneuvers.⁷ However, the use
185 of anticoagulation during ECMO may worsen bleeding in the profoundly coagulopathic patient
186 with active hemorrhage. Because of these concerns, as well as lack of adequate evidence of
187 benefit, ECMO is controversial and not routinely recommended in the management of AFE.

188
189 After successful resuscitation, post cardiac arrest management is of paramount
190 importance.¹⁸ Hemodynamic instability is common and patients may require fluids, vasopressors,
191 and inotropes. The goal is to maintain a mean arterial blood pressure of 65 mmHg.¹⁸ Fever may
192 worsen ischemia-reperfusion injury to the brain and should be aggressively treated. Hyperoxia
193 will also worsen ischemia-reperfusion injury, and administration of 100% oxygen after survival
194 of cardiac arrest should be avoided. The inspired fraction of oxygen should be weaned to
195 maintain a pulse oxymetry value of 94%-98%.¹⁸ Serum glucose should be maintained between
196 140-180 mg/dL with the use of insulin intravenous infusions if needed.¹⁹

197
198 Mild therapeutic hypothermia (TH), defined as cooling the patient to a temperature
199 between 32 and 34 °C for 12-24 hours, has been recommended by the American Heart

200 Association to increase the rate of a favorable neurologic outcome and reduce mortality.¹⁸ A
201 recent study, however, found no differences in outcomes between targeted temperatures of 33°C
202 versus 36 °C among survivors of cardiac arrest who were treated with mild therapeutic
203 hypothermia.²⁰ Current guidelines recommend targeted temperature management of cardiac
204 arrest victims aiming at temperatures between 32-36°C.¹⁸ The data on TH during pregnancy is
205 limited to case reports.^{21,22} Most survivors of AFE will have been delivered during the course of
206 successful resuscitation. The main concern limiting use of TH in these patients is concern that
207 this may increase the risk of hemorrhage. In patients not demonstrating significant DIC and
208 bleeding, TH should be considered. Targeting a temperature of 36°C (as opposed to lower
209 temperatures with a concomitant increased risk of hemorrhage) is an option. Such decisions must
210 be made in conjunction with the available medical critical care team.

211

212 **What are the considerations for hemodynamic support in a patient with AFE?**

213

214 Immediate survivors of AFE require multidisciplinary management, including maternal-fetal
215 medicine subspecialists and intensive care specialists. The management of suspected AFE is
216 supportive and focuses on rapid maternal hemodynamic stabilization.

217

218 The initial phase of AFE consists mainly of right ventricular failure. If available,
219 transthoracic and/or transesophageal echocardiography may provide valuable information.

220 Immediately after presentation, the echocardiography will commonly reveal a severely dilated
221 hypokinetic right ventricle (acute cor pulmonale) with deviation of the inter-ventricular septum
222 into the left ventricle. Hypoxia, acidosis, and hypercapnia should be avoided as they increase

223 pulmonary vascular resistance and lead to further right heart failure.¹³ Right ventricular output
224 may be improved by using inotropes such as dobutamine and milrinone. These agents also will
225 lead to pulmonary vasodilation. Other specific interventions aimed at decreasing the pulmonary
226 vascular resistance include sildenafil, inhaled or intravenous prostacyclin, and inhaled nitric
227 oxide. Hypotension in this phase should be mainly treated with vasopressors such as
228 norepinephrine or vasopressin.²³ The commonly used doses of these agents are provided in Table
229 **2. We recommend the provision of adequate oxygenation and ventilation and, when**
230 **indicated by hemodynamic status, the use of vasopressors and inotropic agents in the initial**
231 **management of AFE. Excessive fluid administration should be avoided. (GRADE 1C)**
232 After an initial phase of right ventricular failure, left ventricular failure predominates. Excess
233 fluid administration should be especially avoided in the setting of a massively dilated right
234 ventricle, as this will increase over-distention of the ventricle and increase the risk of a right-
235 sided myocardial infarction. Increased distention of the right ventricle will also displace the
236 inter-ventricular septum to the left, further compromising the cardiac output due to left
237 ventricular obliteration.

238
239 Minutes to hours following the initial presentation, the right ventricular function usually
240 improves and left ventricular failure with cardiogenic pulmonary edema becomes the prominent
241 finding.⁷ In patients who are not intubated, non-invasive mechanical ventilation or endotracheal
242 intubation should be considered. Left sided heart failure should be treated by optimizing cardiac
243 preload, the use of vasopressors in cases of hypotension in order to maintain coronary perfusion
244 pressure, and inotropes (dobutamine or milrinone) to increase left ventricular contractility.

245 Severe pulmonary congestion not responsive to diuretic therapy may require fluid removal
246 through dialysis.

247
248 Later in the clinical course, some patients with persistent severe inflammation and prolonged
249 care in the intensive care unit may develop nosocomial infections and distributive shock with
250 non-cardiogenic pulmonary edema from severe sepsis.²⁴ No evidence exists to justify the routine
251 use of steroids in cases of AFE. The overall management of AFE is summarized in Figure #2.

252

253 **How is the coagulopathy associated with amniotic fluid embolism managed?**

254

255 DIC is present in most cases of AFE. The onset is variable; DIC may be manifest either
256 immediately following cardiovascular collapse, or in the later phases of the syndrome.

257 Severe hemorrhage may require simultaneous medical and surgical approaches. Medical
258 management classically includes administration of blood products to maintain a platelet count
259 above 50,000/mm³ and normal (or close to normal) activated partial thromboplastin time (aPTT)
260 and international normalized ratio (INR). In the setting of massive hemorrhage, blood product
261 administration should not be delayed while awaiting the results of laboratory tests. Instead, early
262 aggressive resuscitation with packed red blood cells, fresh-frozen plasma, and platelets at a ratio
263 of 1:1:1 (hemostatic resuscitation) results in improved outcomes.²⁵ **Since coagulopathy may
264 follow cardiovascular collapse with AFE, we recommend early assessment of clotting status
265 and early aggressive management of clinical bleeding with standard massive transfusion
266 protocols. (GRADE 1C)**

267

268 Administration of recombinant activated factor VII has been described in cases of AFE.²⁶⁻²⁸
269 However, some authors believe that this treatment, in patients with DIC and elevated levels of
270 tissue factor (as occurs in AFE), could lead to excessive diffuse thrombosis and multi-organ
271 failure. The use of this agent may be considered as a last resort in cases where hemorrhage
272 cannot be stopped with massive blood component replacement and surgical interventions.²⁷

273
274 Both plasminogen activators and plasminogen activator inhibitors have been identified in
275 amniotic fluid.²⁹ The presence of hyperfibrinolysis has been described in AFE related
276 coagulopathy and should be considered in the management of AFE. When available, bedside
277 thromboelastography may aid in identifying bleeding patients who might benefit from the use of
278 anti-fibrinolytics such as tranexamic acid or epsilon aminocaproic acid.³⁰

279
280 Uterine atony is common with AFE and should be managed aggressively.³¹ The use of
281 uterotonics such as oxytocin, ergot derivatives, and prostaglandins is appropriate when indicated.
282 Refractory cases may require uterine tamponade with the use of packing or commercially
283 available intra-uterine balloons. Extreme cases may need bilateral uterine artery ligation, B-
284 Lynch stitch, or hysterectomy. We caution however against making the diagnosis of AFE based
285 exclusively on hemorrhage from persistent atony with secondary coagulopathy – in our
286 experience, this is a common diagnostic error.

287
288 In patients delivered vaginally, a thorough inspection of the cervix and vagina is warranted to
289 rule out lacerations as the cause, or as a contributing factor to profuse bleeding in a patient with
290 DIC. In patients with diffuse bleeding after or during a cesarean delivery that is not amenable to

291 surgical control, consideration should be given to packing the pelvis and transfer to the intensive
292 care unit for further medical therapy with delayed closure.

293

294 **What other differential diagnoses should be considered when amniotic fluid embolism is**
295 **suspected?**

296

297 In the absence of the classic triad of hypotension, hypoxia and subsequent coagulopathy, AFE
298 often remains a diagnosis of exclusion. The list of conditions that may result in either acute
299 cardiac or respiratory or hematologic failure in pregnancy is relatively long, and includes
300 myocardial infarction, pulmonary embolism, air embolism, anesthetic complications,
301 anaphylaxis, and eclampsia and in some cases, sepsis. Providers caring for pregnant women
302 with an acute clinical event and cardiorespiratory failure should narrow this list to clinically
303 relevant diagnoses that require specific treatment strategies. Importantly, an exact diagnosis is
304 not required to start treatment for presumed AFE since immediate interventions, such as good
305 quality cardiorespiratory resuscitation, are supportive in nature.

306

307 Risk factors for myocardial infarction, such as advanced maternal age, diabetes, chronic
308 hypertension, smoking, obesity, dyslipidemia, and previous history of coronary artery disease
309 may suggest this diagnosis. Cardiac troponins and a 12 lead electrocardiograph should be
310 obtained as soon as possible. A bedside echocardiography may be useful in making a diagnosis
311 of cardiogenic shock secondary to myocardial ischemia. Echocardiography will also aid in ruling
312 out conditions such as a peripartum dilated cardiomyopathy.³²

313

314 Pulmonary embolism is a recognized complication of pregnancy. Computed tomography
315 angiography or a ventilation perfusion scan may be useful in evaluating this potential diagnosis.
316 In cases complicated by profuse bleeding, however, thromboembolism is unlikely.

317
318 A high spinal anesthesia can result in apnea but is unlikely to cause a dramatic drop in
319 cardiac output or hemorrhagic manifestations. Inadvertent intravascular injection of local
320 anesthetics may cause seizures and cardiovascular collapse.³³ Timing between injection and
321 onset of symptoms may suggest this diagnosis or make it less likely. If local anesthetic toxicity is
322 likely, consideration should be given to the use of intravenous lipids (20% Intralipid) in addition
323 to other supportive measures.³⁴

324
325 Air embolism may also cause acute cardiorespiratory compromise. If venous air embolism is
326 high on the list of potential diagnoses, normobaric 100% oxygen should be used. The patient
327 should be turned to the left lateral decubitus to prevent air from migrating to the pulmonary
328 artery. If a central line is in place, then aspiration of blood may be performed in an attempt to
329 aspirate bubbles of air. If an arterial air embolism is suspected (e.g if neurologic symptoms are
330 present), hyperbaric oxygen therapy should be considered, if available.

331
332 Eclampsia is obviously a possibility in a patient in the latter half of pregnancy with new onset
333 seizures, although eclampsia is not commonly associated with cardiorespiratory arrest and acute
334 profound coagulopathy. Transfusion reactions may cause acute pulmonary edema (transfusion
335 related acute lung injury) and coagulopathy when incompatible blood is administered. This is an
336 uncommon event in modern practice.

337 Anaphylactic shock is a possibility, particularly in the setting of urticarial rash, and
338 laryngospasm or bronchospasm immediately following the administration of medication known
339 to cause anaphylaxis. Bronchospasm has been reported in about 15% of cases of AFE. However,
340 anaphylaxis is not usually accompanied by coagulopathy and cardiac dysfunction is not
341 commonly severe, as hypotension associated with anaphylaxis is due primarily to vasodilation
342 and increased vascular permeability. If anaphylaxis is suspected, treatment with epinephrine,
343 steroids, and inhaled bronchodilators is indicated.

344

345 Bedside echocardiography demonstrating right ventricular dysfunction favors the diagnosis
346 of AFE over anaphylaxis and most of the other conditions that may mimic AFE.

347

348 **What is the prognosis and recurrence risk for patients who survive an episode of amniotic**
349 **fluid embolism?**

350

351 The recurrence rate of AFE is difficult to define due to the rarity of the condition and high
352 mortality rate. Multiple cases of uneventful subsequent pregnancies, and no cases of recurrence
353 have been reported.^{35,36} Patients should be cautioned however that the available sample size
354 precludes definitive conclusions regarding recurrence risk.

355

356 **Conclusions**

357

358 AFE is a rare but often lethal condition. Maternal and perinatal mortalities appear to have
359 decreased during the last decades likely due to improvements in delivery of critical care,

360 recognition of atypical or milder cases with no cardiorespiratory collapse and the likely inclusion
361 of patients with conditions other than AFE, particularly in series based upon administrative data.
362 The diagnosis remains clinical and is often one of exclusion, as no single specific diagnostic test
363 is currently available. Treatment is mainly supportive and involves delivery of the fetus when
364 indicated, respiratory support (usually in the form of endotracheal intubation and mechanical
365 ventilation), and hemodynamic support with judicious use of fluids, vasopressors, inotropes, and
366 pulmonary vasodilators. Rapid initiation of treatment, aided by a high index of clinical suspicion,
367 is essential. The recurrence rate of AFE is unknown but appears to be low. Much of the
368 published literature regarding AFE is of poor quality and likely includes a significant number of
369 patients with other conditions. Uniform diagnostic criteria for AFE cases reported in research
370 publications are badly needed, and may accelerate our understanding of this condition.

371

372

373
374**Summary of Recommendations**

	Recommendations	GRADE
1	We recommend consideration of AFE in the differential diagnosis of sudden cardiorespiratory collapse in the laboring or recently delivered woman.	1C Strong recommendation Weak quality evidence
2	We do not recommend the use of any specific diagnostic laboratory test to either confirm or refute the diagnosis of AFE; at the present time, AFE remains a clinical diagnosis.	1C Strong recommendation Weak quality evidence
3	We recommend the provision of immediate high quality cardiopulmonary resuscitation with standard BCLS and ACLS protocols in patients who develop cardiac arrest associated with AFE.	1C Strong recommendation Weak quality evidence
4.	We recommend that the involvement of a multidisciplinary team including anesthesia, respiratory therapy, critical care, and maternal-fetal medicine should be involved in ongoing care of such women.	Best Practice
5.	Following cardiac arrest with AFE, we recommend immediate delivery in the presence of a fetus \geq 23 weeks of gestation.	2C Weak recommendation Weak quality evidence
6.	We recommend the provision of adequate oxygenation and ventilation and, when indicated by hemodynamic status, the use of vasopressors and inotropic agents in the initial management of	1 C Strong recommendation, Weak quality evidence

	AFE. Excessive fluid administration should be avoided.	
7.	Since coagulopathy may follow cardiovascular collapse with AFE, we recommend early assessment of clotting status and early aggressive management of clinical bleeding with standard massive transfusion protocols.	1C Strong recommendation, Weak quality evidence

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ACCEPTED MANUSCRIPT

476 Table 1

477 Components of high quality cardiopulmonary resuscitation in pregnancy

478

Rapid chest compressions (100 x minute)

Perform hard compressions, achieving a depth of at least 2 inches

Assure adequate chest recoil between compressions

Minimize interruptions of chest compressions

Avoid prolonged pulse checks (no more than 5-10 seconds)

Resume chest compressions immediately after defibrillating

Switch provider of compressions every 2 minutes to avoid fatigue

Lateral displacement of uterus during resuscitation

479 Reference: Jeejeebhoy FM, Zelop CM, Lipman S, Carvalho B, Joglar J, Mhyre JM, et al. Cardiac
480 arrest in pregnancy: A scientific statement from the American Heart Association.
481 Circulation 2015;132:1747-1773.

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483

484 **Table 2.** Recommended doses for agents commonly used in cases of acute right ventricular
 485 failure.
 486

Agent	Dose
Sildenafil	20 mg tid PO or through nasogastric/orogastric tube.
Dobutamine	2.5-5.0 micrograms/kg/minute. Higher doses may compromise right ventricular filling time due to tachycardia.
Milrinone	0.25-0.75 micrograms/kg/minute. Most common side effect is systemic hypotension.
Inhaled nitric oxide	5-40 ppm. Follow methemoglobin levels every 6 hours, avoid abrupt discontinuation.
Inhaled prostacyclin	10-50 nanograms/kg/minute.
Intravenous prostacyclin	Start at 1-2 nanograms/kg/minute through a central line and titrate to desired effect. Side effects include systemic hypotension, nausea, vomiting, headache, jaw pain, and diarrhea.
Norepinephrine	0.05-3.3 micrograms/kg/minute

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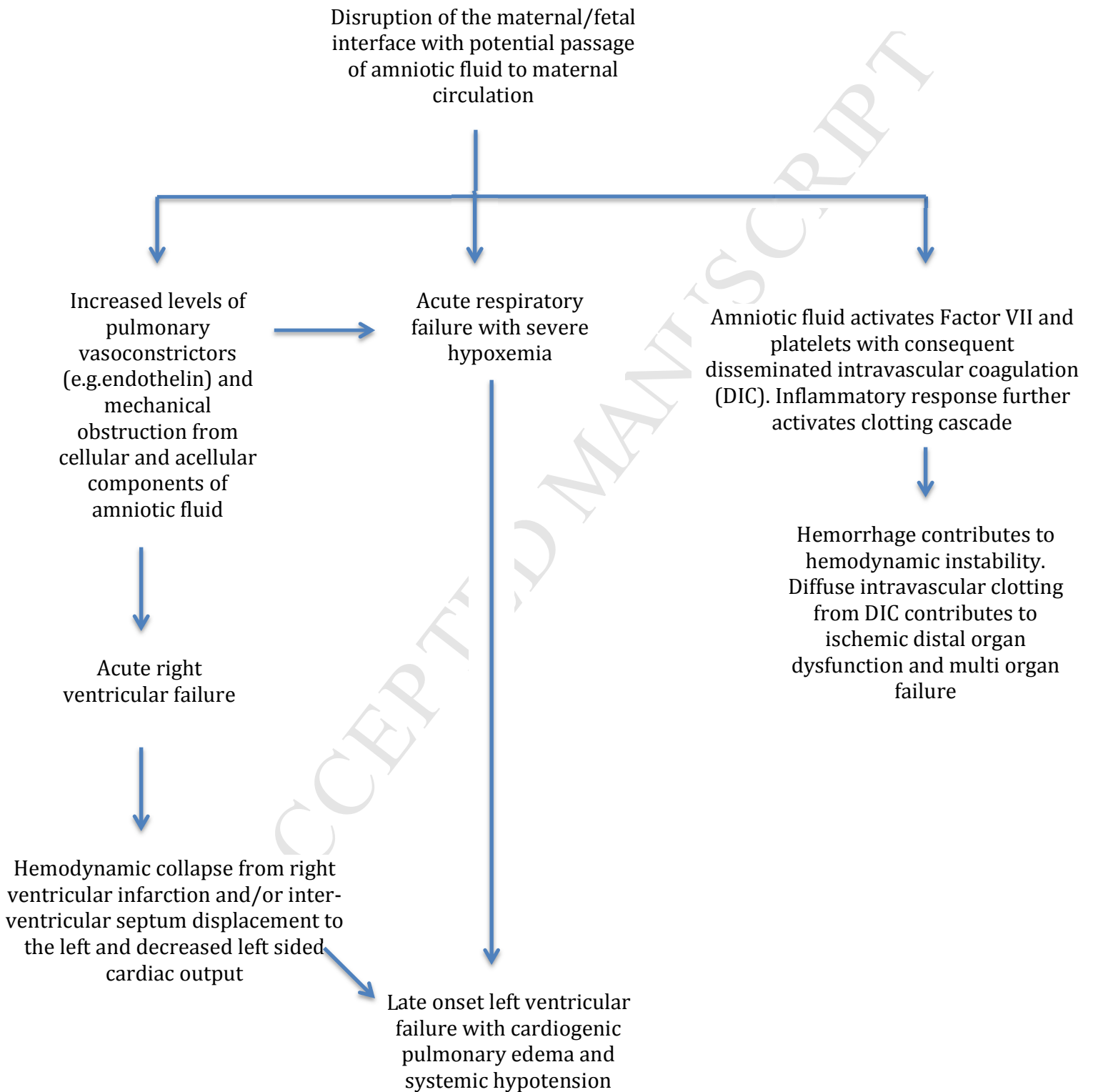
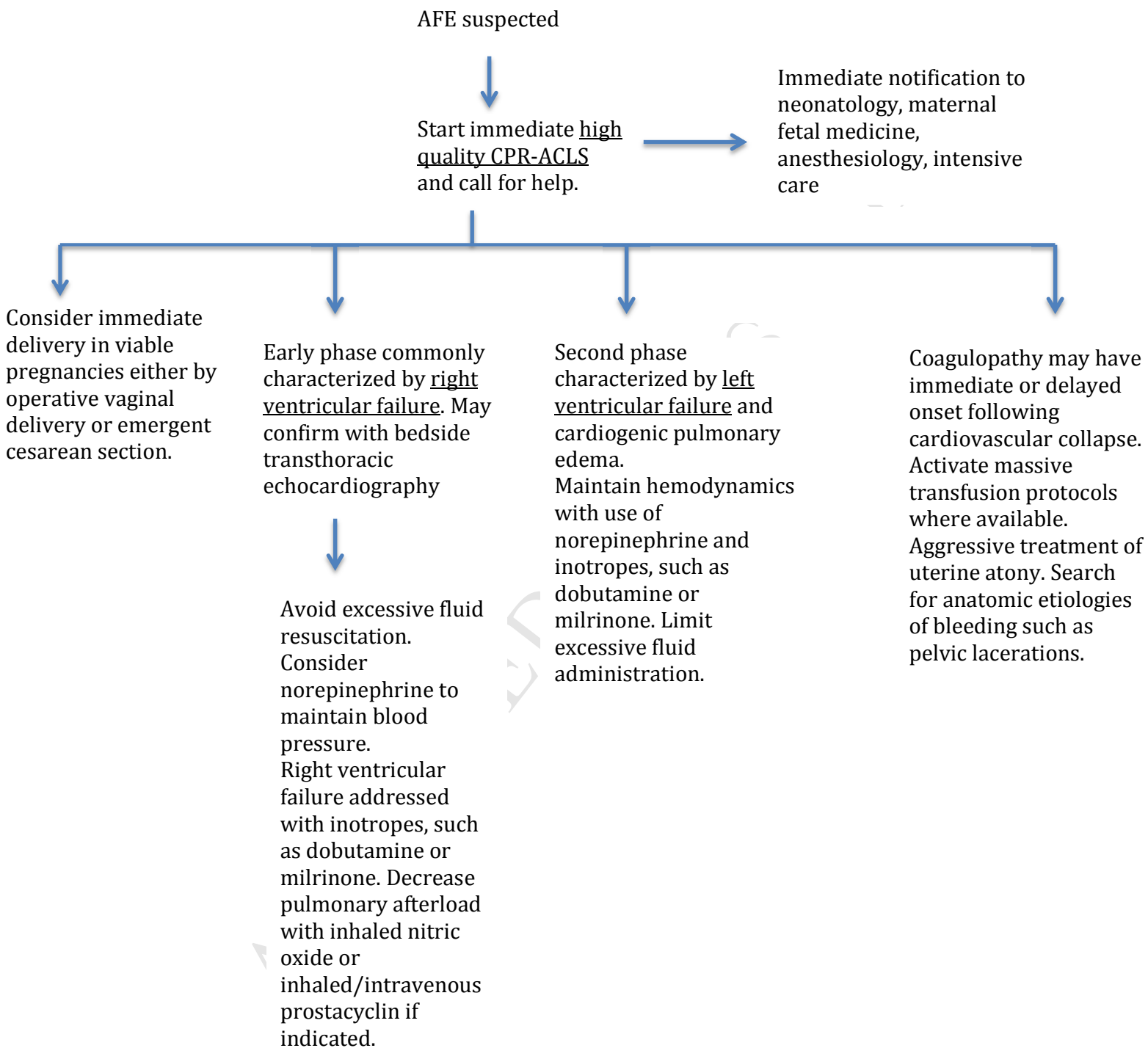
Figure 1. Proposed pathophysiology of amniotic fluid embolism

Figure 2. Immediate supportive treatment in suspected cases of amniotic fluid embolism.

CPR: Cardiopulmonary resuscitation; ACLS: Advanced cardiac life support; AFE: Amniotic fluid embolism.