

Carnitine palmitoyltransferase 1A deficiency: abnormal muscle biopsy findings in a child presenting with Reye's syndrome

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A 4-year-old girl was admitted to pediatric intensive care unit due to Reye's syndrome. Her medical history was notable for recurrent episodes of hypoglycemia when ill. Plasma levels of acylcarnitines and free carnitine (C0) were not remarkable, but creatine kinase (CK) level was increased (1674 U/l). A muscle biopsy was performed that showed

severe and diffuse accumulation of lipid in muscle fibers (Fig. 1). Acylcarnitine profile was reviewed. Liver isoform of carnitine palmitoyltransferase IA (*CPT1A*) deficiency was suspected because of the increased C0/ [palmitoylcarnitine (C16) + stearoylcarnitine (C18)] ratio: 2190 (normal value 266–1510). With dietary treatment, rapid and dramatic improvement was observed. Two novel variants in the *CPT1A* gene were found: c.627delT (severe mutation) and c.1006G > A (predicted as damaging by several bioinformatic algorithms).

CPT1A deficiency is a rare disorder of fatty acid metabolism secondary to *CPT1A* mutation (Britton et al. 1997). Clinical presentation includes neonatal lethal arrhythmia, recurrent episodes of hypoketotic hypoglycemia, and occasional myopathy triggered by catabolism (Olpin et al. 2001). The increase in muscle CK previously described in *CPT1A* deficiency (Olpin et al. 2001; Haworth et al. 1992; Lee et al. 2015) is difficult to explain, since muscle isoform of *CPT1* is encoded by another gene (*CPT1B*) (Britton et al. 1997). This report shows for the first time the prominent muscle fat accumulation in a patient with *CPT1A* deficiency during acute decompensation. We hypothesized that abnormal circulating levels of *CPT1A*-related metabolites may have contributed to the impairment of muscle fat oxidation. However, an increase in *CPT1A*-related metabolites could not be demonstrated in the samples collected during the acute episode, when the levels of long-chain acylcarnitines, free fatty acids, triglycerides, and organic acids were all normal. We conclude that *CPT1A* deficiency may be misdiagnosed if C0/[C16 + C18] ratio is not considered (Lee et al. 2015; Fingerhut et al. 2001).

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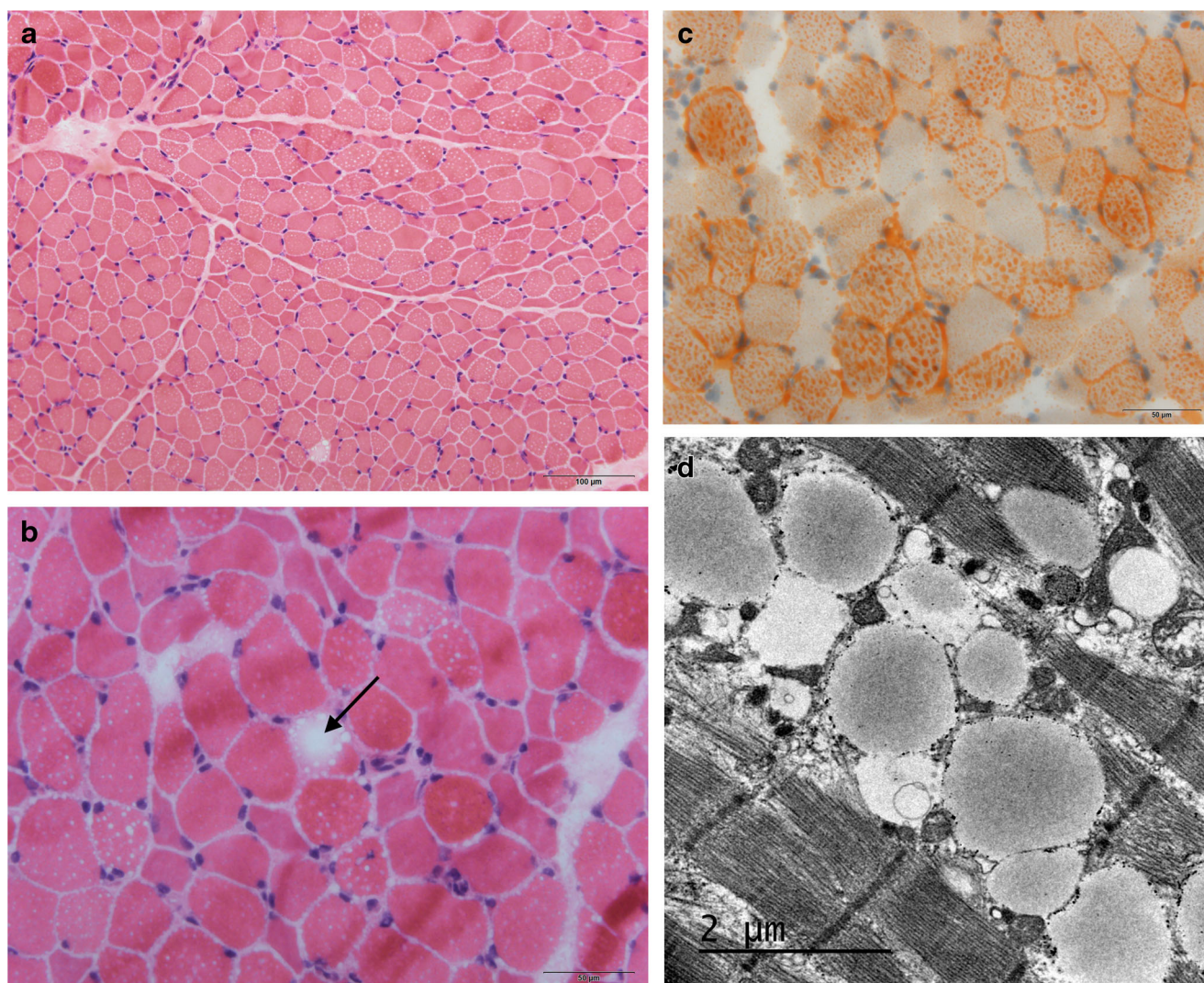


Fig. 1 Muscle biopsy: **a** Abundant vacuoles were identified in most muscle fibers distributed throughout the sarcoplasm (H&E). **b** Vacuoles sometimes occupy most of the fiber (*arrow*) (H&E). **c** Vacuole contents showed positivity using the lipid imaging technique oil red O, showing a

striking increase in number and size of the lipid droplets present in types I and II fibers. **d** Electron microscopy shows lipid accumulation between myofibrils and under the sarcolemma with ultrastructurally normal mitochondria

Compliance with ethical standards All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Declaration of Helsinki, 1975, as revised in 2000. Informed consent was obtained from the mother of the patient.

Conflict of interest None.

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